



# Syracuse Speedskating Club

## Code of Conduct

Syracuse Speedskating strives to create a safe and enjoyable environment in which all athletes can work towards reaching their individual goals and potential. Towards this end the club and its members benefit from having a uniform standard code of conduct. This code applies to all SSC members, athletes, coaches, and parents, at any club practice, meet, activity or event, wherever and whenever it may be held.

The following are expectations for members of the Syracuse Speedskating Club.

Skaters must at all times be concerned for the safety of themselves and of their fellow skaters by:

- Wearing required safety equipment consisting minimally of a helmet, neck guard, knee pads, gloves, long pants and a long sleeve top.
- Entering and exiting the rink only when safe to do so.
- Following directions as to where they are supposed to be on the rink
- Being aware of the skaters around them.
- Behaving in a manner consistent with being on the ice with other skaters, and showing concern for everyone's safety. Communicating any concerns they may have for their own well-being and for that of their fellow athletes.
- Athletes are expected to enjoy themselves and have fun, and to encourage all others to do the same.
- Athletes are expected to demonstrate a positive attitude and to promote positive self-esteem in all members.
- All members will support the fair and equal opportunity of all athletes to participate in practices or activities, regardless of their skill level.
- All members will support and promote the values upon which the club's code is based: fairness, respect and achievement.
- Athletes are expected to display proper respect and sportsmanship toward their fellow skaters, coaches, officials, parents, and the general public.
- Athletes will take proper care of all equipment and the facilities in which they participate.
- Athletes will, whenever possible, arrive at practice with enough time to be on the ice and ready to skate at the designated time, so as to not disrupt the flow of practice.
- Skaters and those accompanying them, will assist during practices (when possible), by taking mats on and off the ice, filling water buckets, etc. It is expected that those that can help off ice will let the appropriate club members know that they are available.
- Members will be up to date on their Syracuse Speedskating Club membership dues, and skaters on their skating fees.
- Skaters must have a current US Speedskating membership, and will have provided the club with a copy of their membership card.
- Parents or their designate shall be present at all sessions and activities that their child is involved in unless receiving permission from the SSC Board.
- Athletes and their parents or their designate acknowledge and understand that there will be consequences for inappropriate behavior, conduct or actions.
- Athletes and their parents or their designate will accept the club's decisions regarding safety, discipline and club rules or duties.

- The practice or activity coach, in consultation with others including designated club personnel, are responsible for providing immediate consequences for inappropriate behavior, conduct or actions. These may be, but are not limited to:
  - A time out from a practice or activity
  - The request for direct supervision of a child by the parents or their designate during a practice or activity.
  - Removal from a practice or activity.
  
- Severe or persistent violations may also be subject to disciplinary action by the Board. These may be, but are not limited to:
  - A suspension of membership and all privileges for a designated period.
  - The request for continued direct supervision of a child by the parents or their designate during practices or activities.
  - Revocation of membership.
  
- Parents or their designate will be informed of disciplinary actions involving their child.

ACCEPTANCE OF CODE OF CONDUCT. PLEASE READ CAREFULLY.

Parents/guardians of minor skaters are required to review and discuss this Code of Conduct with their child(ren).

I, the undersigned, acknowledge that by signing below, I have read and understand the terms of the Syracuse Speedskating Club Code of Conduct and agree to be bound by its terms.

Name of Member (please print): \_\_\_\_\_

Signature (parent or guardian if member is under 18): \_\_\_\_\_

Date: \_\_\_\_\_